



Farnborough College
of Technology

Business Services



shortcourses



Emergency First Aid At Work

Duration: 1 Day

Who should attend?

Anyone who needs to administer emergency first aid in the workplace. All workplaces should have at least one trained first aider available at all times.

What does the course cover?

- Understanding the role of the first aider
- Understanding the importance of preventing cross-infection
- Understanding the need to record incidents and actions
- Understanding use of available equipment
- Assessing a situation in order to act safely, promptly and effectively in an emergency
- Administer first aid to a casualty who is unconscious (including seizure)
- Administer cardiopulmonary resuscitation
- Administer first aid to a casualty who is choking
- Administer first aid to a casualty who is wounded and bleeding
- Administer first aid to a casualty who is suffering from shock
- Provide appropriate first aid for minor injuries

How is the course delivered?

This course is delivered as a mixture of lecture, discussion and practical exercises. There is a practical assessment at the conclusion of the course.

What are the benefits?

The benefits include ensuring your company has qualified 1st Aiders that meet the legislative requirements, leading to HSE Appointed Person Certification.

**For more information or to book a place please contact our
Employer Hotline on 01252 407299 or email us at business@farn-ct.ac.uk**