



Farnborough College
of Technology

Business Services



shortcourses

RSPH - Health & Safety In The Workplace

Duration: 1½ Days

Who should attend?

Workers at all levels who need to comply with statutory requirements and company policy to undertake their work in a safe environment.

What does the course cover?

The course covers the basic Health & Safety requirements within a workplace environment and when working alone.

- Spotting hazards and risks in the workplace
- Common causes of accidents and accident reporting
- Control measures to reduce risk and developing a safe system of work
- Safe lone working
- Work equipment; safe use at work
- Responsibilities for inspection and maintenance; electrical safety
- Assessing suitability of tasks for manual handling
- Hazardous substances; control of hazardous substances; personal protective equipment
- Fire precautions; emergency procedures; use of extinguishers; first aid at work
- Assessing display screen equipment; adjusting a workstation to minimise risk to health

How is the course delivered?

This course is delivered as a mixture of lecture, discussion and practical exercises.

What are the benefits?

The benefits include ensuring your staff are aware of Health & Safety within the workplace. Increasing risk awareness and reducing accidents.

**For more information or to book a place please contact our
Employer Hotline on 01252 407299 or email us at business@farn-ct.ac.uk**