

<b>PROGRAMME SPECIFICATION (2015 – 2016)</b>	
<b>1. Awarding Body</b>	University of Surrey
<b>2. Teaching Institution (if different)</b>	University Centre Farnborough College of Technology
<b>3. Final Award</b>	BSc (Hons) Sport Science (Human Performance)(Top Up) BSc (Hons) Sport Science (Sport Coaching)(Top Up)
<b>4. Programme title/route/pathway</b>	
<b>5. Subsidiary award(s) and title(s)</b>	BSc Sport Science (Human Performance) Ordinary Degree BSc Sport Science (Sport Coaching) Ordinary Degree
<b>6. FHEQ Level</b>	Level 6
<b>7. Credits and ECTS credits</b>	120 UK credits/60 ECTS credits
<b>8. Name of Professional, Statutory or Regulatory Body (PSRB)</b>	
<b>9. Date of last accreditation (if applicable)</b>	Revalidation March 2013
<b>10. Mode of study</b>	Full-time 1 Year
<b>11. Language of study</b>	English
<b>12. UCAS Code</b>	C606
<b>13. QAA Subject Benchmark Statement (if applicable)</b>	QAA Hospitality, Leisure, Sport and Tourism Honours Degree Benchmark Statement (2008), with the subject knowledge relating to the Sports topics.
<b>14. Other internal and / or external reference points</b>	
<b>15. Faculty / Department</b>	School of Applied and Health Sciences
<b>16. Programme Director</b>	Ian Hamilton
<b>17. Date of Production / Revision of the specification</b>	April 2015
<b>18. Educational aims of the Programme</b>	
<ol style="list-style-type: none"> <li>1. Provide students with an understanding of the subject specific knowledge, as well as the analytical and critical skills of working in the Sport Science, Human Performance and Sport Coaching/PE teaching fields. Provide a comprehensive and well-balanced programme of vocationally-focused education at honours degree level</li> <li>2. Provide students with enhanced practical and professional skills and thus prepare students effectively for professional employment, postgraduate study in Sport Science, Human Performance and Sport Coaching and entry to initial teacher training.</li> <li>3. Provide an integrated, stimulating and intellectually challenging programme of study which reflects the changes in structure and focus of an intrinsically adaptive industry and society</li> <li>4. Prepare students for careers in human performance, elite athlete conditioning, sports coaching employment, or for post graduate/teacher training study.</li> </ol>	
<b>19. Programme learning outcomes</b> – the programme provides opportunities for students to develop and demonstrate knowledge and understanding, skills, qualities and other attributes in the following areas:	

<p><b>Knowledge and understanding</b></p> <p>k1 anatomy &amp; physiology relating to sport and exercise science</p> <p>k2 diet and nutritional analysis</p> <p>k3 biomechanics and kinesiology</p> <p>k4 psychology of exercise behaviour and sports' performance (SC)</p> <p>k5 lifestyle &amp; health issues</p> <p>k6 exercise adaptation for special populations</p> <p>k7 managing exercise environments</p> <p>k8 event management and promotion</p> <p>k9 qualitative and quantitative research methods</p> <p>k10 laboratory techniques for physiological assessment</p> <p>k11 sports coaching principles (SC)</p> <p>k12 advanced instruction and applied exercise instruction methods (SC)</p> <p>k13 information sources</p>	<p><b>Teaching and learning strategies</b></p> <p>i. lecture based presentations</p> <p>ii. practical sessions including role play and observation</p> <p>iii. individual and group project work</p> <p>iv. individual presentations</p> <p>v. Use of the VLE</p> <p>vi. Guest speakers</p> <p><b>Assessment</b></p> <p>i. formal examination</p> <p>ii. assessed coursework / assignments</p> <p>iii. assessed oral presentations</p> <p>iv. poster presentations</p> <p>v. professional discussions</p>
<p><b>Skills and other attributes - <i>Intellectual / cognitive skills</i></b></p> <p>I1 use appropriate assessment techniques (SC)</p> <p>I2 develop exercise regimes for clients through the application of knowledge &amp; understanding of all relevant physiological &amp; other factors (S)</p> <p>I3 apply operational &amp; management strategies</p> <p>I4 develop the capacity to examine a problem critically</p> <p>I5 undertake literature searches to produce fully referenced reports</p> <p>I6 recognise and respond to moral, ethical, health and safety issues</p>	<p><b>Teaching and learning strategies</b></p> <p>promoted through lectures, practical work, report writing and directed reading</p> <p>dissertation preparation and planning</p> <p><b>Assessment</b></p> <p>a mix of formal examination, coursework assignments, and practical demonstrations. The overall range of assessment provides the opportunity for the student to demonstrate the ability to analyse problems and propose solutions in a clear, logical and structured manner.</p> <p>Dissertation and poster presentation</p>
<p><b>Skills and other attributes - <i>Key / transferable skills</i></b></p> <p>G1 use of scientific evidence and logical thought in the presentation of ideas</p> <p>G2 use of general ICT tools</p> <p>G3 evaluating information and requirements</p> <p>G4 effective oral and written communication skills</p> <p>G5 time management</p> <p>G6 teamwork (SC)</p> <p>G7 ability to self appraise and reflect on practice (SC)</p>	<p><b>Teaching and Learning strategies</b></p> <p>development of transferable skills permeates the programme at all levels</p> <p>oral seminar presentations</p> <p>laboratory, tutorial and practical activities promoting interaction at peer and tutor level</p> <p>group work</p> <p><b>Assessment</b></p> <p>included as part of the overall assessment for appropriate modules</p>
<p><b>Skills and other attributes – <i>Graduate attributes</i></b></p> <p>G1. use of evidence and logical thought in the presentation of ideas</p> <p>G2. communication &amp; presentation by effective oral and written skills</p> <p>G3. use of ICT</p> <p>G4. evaluating information from numerical formats</p> <p>G5. teamwork and collaboration</p> <p>G6. improving own learning &amp; performance through reflection</p>	<p><b>Teaching and Learning strategies</b></p> <p>development of transferable skills permeates the programme at all levels</p> <p>oral seminar presentations</p> <p>tutorial and practical activities promoting interaction at peer and tutor level</p> <p>practical group work</p> <p><b>Assessment</b></p> <p>Data handling</p> <p>Professional discussions</p> <p>Reflective reports</p> <p>Presentations</p> <p>Included as part of the overall assessment for appropriate modules</p>
<p><b>20. Programme structure – including the route / pathway / field requirements, levels modules, credits, awards and further information on the mode of study.</b></p>	
<p>All students are initially registered for 1 year</p> <p>The BSc Sport Science (Human Performance Top-Up) or the BSc Sport Science (Sport Coaching Top-Up) are studied over one academic year and are full-time.</p> <p>On successful completion of the BSc Sport Science programmes students may progress to Master's degree programmes or to PGCE.</p>	

The Programmes are divided into modules. All taught modules are worth 15 credits, which is indicative of 150 hours of learning, comprised of student contact, private study and assessment.

In order for students to progress to FHEQ Level 6 they are required to have achieved the equivalent of 240 credits at Level 5 in a relevant discipline.

The Dissertation module is 30 credits and takes place in semester 2 of the final year

FHEQ Level 6: Potential awards –  
 BSc (Hons) Sport Science (Human Performance) (Top Up),  
 BSc Sport Science (Human Performance) (Top Up Ordinary Degree)

Module code	Module title		Credit volume	Semester	Award requirements
SS6020	Applied Exercise and Performance Psychology	Compulsory	15	2	BSc (Hons) Sport Science (Human Performance) (Top Up) 120 credits at Level 6  BSc Sport Science (Human Performance) (Top-up Ordinary Degree) 60 credits at Level 6
SS6021	Applied Sport and Exercise Physiology	Compulsory	15	1	
SS6022	Work Placement and Project Management	Compulsory	15	1&2	
SS6023	Nutritional Strategies for Sport Performance	Compulsory	15	2	
SS6024	Advanced Strength and Conditioning	Compulsory	15	1	
SS6025	Managing Exercise Environments	Compulsory	15	1	
SS6026	Dissertation	Compulsory	30	1&2	

How many optional modules must a student choose in order to achieve the necessary amount of credits to achieve this level?

There are no optional modules.

FHEQ Level 6: Potential awards –  
 BSc (Hons) Sport Science (Sport Coaching) (Top Up),  
 BSc Sport Science (Sport Coaching) (Top Up Ordinary Degree)

Module code	Module title		Credit volume	Semester (1 / 2)	Award requirements
SS6020	Applied Exercise and Sport Performance Psychology	Compulsory	15	2	BSc (Hons) Sport Science (Sport Coaching) (Top Up) 120 credits at Level 6

SS6021	Applied Sport and Exercise Physiology	Compulsory	15	1	BSc Sport Science (Sport Coaching) (Top-up Ordinary Degree) 60 credits at Level 6
SS6027	Sport Coaching Placement	Compulsory	15	1&2	
SS6023	Nutritional Strategies for Sport Performance	Compulsory	15	2	
SS6024	Advanced Strength and Conditioning	Compulsory	15	1	
SS6028	Applied Sport Analysis	Compulsory	15	1	
SS6026	Dissertation	Compulsory	30	1&2	

**21. Opportunities for placements / work-related learning / collaborative activity – please indicate if any of the following apply to your programme**

External / guest teaching with be used to provide professional expertise where required to supplement lectures in modules

Student placement: Students are work-based learners and will be expected to use their setting experiences to enhance their learning.

**Further information**

**22. Criteria for admission**

**As specified by the University of Surrey Regulations, applicants will be expected to provide satisfactory evidence of ability to pursue successfully the BA (Hons) programme.**

Requirements for enrolment are:

- a. A Foundation Degree in an appropriate subject with 240 credits achieved at Level 4 and 5 (average weighting at Level 5 50%)
- b. To have studied modules related to reviewing literature, leadership and management and personal skills
- c. Have the competency in English required by the University of Surrey (6.5 IELTS or equivalent)

The expected applicants would normally have a Foundation Degree in a Sport or Sport Science Related field. Exceptional entry applications will be judged on individual merits to ensure they provided the underpinning content required to progress on to a BSc (Hons) in Sport Science (Human Performance/Sport Coaching) (Top up).

Applications will be subject to interview where the candidate will be asked to provide evidence of qualifications and an appropriate mentor and work placement. This is to ensure suitability for the

programme. Students will also be provided with guidance as to the expectations of the programme and the assessment involved.

### **23. Assessment regulations**

All programmes within the University of Surrey adhere to the Assessment Regulations. All taught programmes also reference and follow the *Code of Practice on the Assessment of Students' Work within Taught Programmes*.

### **24. Support for students and their learning**

Students will be provided with help and advice including; induction, allocated personal tutors, project supervision, central learning support services and careers advice.

Students will be supported in accessing suitable placements. As it is likely their chosen placements will be specific to their interests they will be encouraged to investigate and approach placements independently. Support will be offered to students who struggle to find a suitable placement. This support will be provided by the student's individual tutor and the Placement Co-ordinator who is currently responsible for placing all Level 3 Extended Diploma students in suitable placements and has a bank of suitable placements which has been developed over a number of years.

### **25. Quality management – indications of quality and the methods for evaluating and improving quality**

*Mechanisms for review of teaching and learning standards, curriculum content and assessment*

- Student programme review
- Board of Studies, a staff /student board to review, evaluate and recommend action for course of study
- Classroom observation by School management team
- Revalidation Panels (quinquennial & interim review) involving University and external members
- External examiner's report
- Annual Quality Improvement Plan (QIP), School and Course Self Assessment reports (SAR)
- Practitioners Forum
- HE College Forum

#### *2.2 Committees with responsibility for monitoring and evaluating quality and standards*

- Board of Studie
- Course Examination Board
- College Examination Board
- College Internal Validation Committee
- College Academic Standards Committee
- College Teaching and Learning Committee
- College Student Services Committee
- College Academic Board
- Validation Panels

#### *2.3 Mechanisms for gaining student feedback on the quality of teaching and learning experience*

- Student representatives elected for each year of the course
- Student programme review
- Course Programme Board
- Student questionnaires; induction and entry, programme review, destination survey

#### *2.4 Staff Development priorities*

- All staff must attain a recognised teaching qualification
- College staff development courses

- Conferences, courses, seminars to update specific knowledge on related issues
- All staff must be DBS checked

## **26. Further information**

Further information can be found on our webpages at <http://www.farn-ct.ac.uk/higher-education> (for example the Key Information Set), and within the Programme Handbook, which is provided on entry to the Programme.

The General Regulations and Codes of Practice for taught programmes can be found at <https://www.surrey.ac.uk/learningandteaching/regulations/>