**Helpful information and advice**

The best starting point for all you need to know, including financial support, health, education is:

[**https://www.gov.uk/coronavirus**](https://www.gov.uk/coronavirus)

The site includes information on Universal Credit

<https://www.gov.uk/universal-credit/other-financial-support>

And the Hardship Fund for those that qualify for that;

<https://www.gov.uk/guidance/the-hardship-fund-a-guide>

**Citizen’s Advice Bureau**

The CAB have specific advice for those of us experiencing a financial and social impact of the current pandemic

[**https://www.citizensadvice.org.uk/health/coronavirus-what-it-means-for-you/**](https://www.citizensadvice.org.uk/health/coronavirus-what-it-means-for-you/)

**College intranet**

On the college intranet you can find the following helpful advice and guidance:

<https://intranet.farn-ct.ac.uk/support-and-guidance/careers-advice/>

There is also the jobs board on Moodle

**Financial support**

<https://intranet.farn-ct.ac.uk/support-and-guidance/financial-advice/>

<https://www.careers-gateway.co.uk/>

**External link to Job vacancies**

The BBC is collating major companies looking for employees at the moment with links to the application forms.

<https://linkscan.io/scan/ux/aHR0cHM6Ly93d3cuYmJjLmNvLnVrL25ld3MvYnVzaW5lc3MtNTIwNDA1Mzk=/56BA56E3A621505D6EDBC8F4E5C718CAF340502BEBB9E9FF63A6B100067EBF57?c=3&i=1&docs=1>

**Martin Lewis’s Money Advice**

Martin is a source of independent verified advice and also has a TV show every fortnight on ITV.

<https://www.moneysavingexpert.com>

**Volunteering – most of these opportunities are for 18 years and over**

**British Red Cross**

<https://reserves.redcross.org.uk/>

**Local Support Groups**

<https://covidmutualaid.org/local-groups/>

**NHS**

<https://www.goodsamapp.org/NHSvolunteerresponders>

There are four main volunteers the NHS are looking to seek:

**Community Response volunteer**

This role involves collecting shopping, medication or other essential supplies

**Patient Transport volunteer**

This role supports the NHS by providing transport to patients who are medically fit for discharge,

**NHS Transport volunteer**

This role involves transporting equipment, supplies and/or medication between NHS services and sites.

**Check in and Chat volunteer**

This role provides short-term telephone support to individuals who are at risk of loneliness as a result of self-isolation. This can be done from your own home.